


JULY 2010 - page 1 - REVISED
Figure Skating Summer Schedule

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS	SUNDAYS
<p>\$12 Buy-on for 45-60 minute on ice FS sessions and 45-60 minute on and off-ice classes \$9 Contract for 45-60 minute on ice FS sessions and 45-60 minute on and off-ice classes \$5 contract, \$6 buy-on for 30 minute MIF/Dance sessions and 30 minute off-ice classes</p> <p>Full payment and contracted schedules for July are due by June 29 - NO Exceptions!</p> <p>FS=Freestyle MIF/Dance = No jumps or spins , Moves in the Field or dance patterns only L = (low) may not have passed higher than Pre-Preliminary Freestyle M and M/H=(medium or medium/high) MUST have passed Pre-Preliminary Freestyle H=(high) MUST have passed Juvenile Freestyle</p> <p>*Coaches may request to have students on any session for lesson scheduling purposes</p>			<p><u>July 1st</u></p> <p>6-7a Open FS__ 7:15-7:45a MIF/Dance__ 7:45-8:45a Open FS__ 9-10a M/H FS__ 10:15-11:15a Ballet*__ 11:30-12:30 Conditioning*__</p> <p>4-5p Open FS__ 5:15-6:15p Open FS__</p>	<p><u>July 2nd</u></p> <p>6-7a Open FS__ 7:15-8:15a H FS__ 8:30-9a MIF/Dance__ 9-10a Open FS__ 10:15-11:15a Pilates*__</p> <p>4:00-5:00p Open FS__ 5:15-6:15p Open FS__</p>	<p><u>July 3rd</u></p> <p>11:15-12:15 Open FS__</p>	<p><u>July 4th</u></p> 
<u>July 5th</u>	<u>July 6th</u>	<u>July 7th</u>	<u>July 8th</u>	<u>July 9th</u>	<u>July 10th</u>	<u>July 11th</u>
<p>6-7a Open FS__ 7:15-8:15a Yoga*__ 7:15-8:15a High FS__ 8:20-8:50a Yoga*__ 8:30-9:00am MIF/Dance__ 9-10a Open FS__ 10:15-11:15am Open FS__ 10:15-11:15a Conditioning*__ 11:30-12:30 Cycle*__</p> <p>3:00-4:00p Pilates/Yoga*__ 4:15-5:15p Conditioning*__ 4:15-5:15p M/H FS__ 5:30-6:00p MIF/Dance__ 6-7p Open FS__ 7-7:45p Power & Edges class__</p>	<p>6-7a Open FS__ 7:15-7:45a MIF/Dance__ 7:45-8:45a Open FS__ 9-10a Ballet*__ 10:15-11:15a Artistry&Movement*__</p> <p>4:15-5:15p Open FS__ 5:15-6:15p Open FS__</p>	<p>6-7a Pilates/Yoga*__ 6-7a Open FS__ 7:15-8:15a Pilates/Yoga*__ 7:15-8:15a H FS__ 8:20-8:50a Pilates/Yoga*__ 8:30-9:00am MIF/Dance__ 9-10a Open FS__ 10:15-11:15a Cycle*__ 10:15-11:15am Open FS__ 11:30-12:30 Conditioning*__ 3-4p EXHIBITION__ 3-4p Ballet*__ 4:15-5:15p M/H FS__ 4:15-5:15p Ballet*__ 5:30-6:30p Open FS__ 6:45-7:45p Open FS__</p>	<p>6-7a Open FS__ 7:15-7:45a MIF/Dance__ 7:45-8:45a Open FS__ 9-10a M/H FS__ 10:15-11:15a Ballet*__ 11:30-12:30 Conditioning*__</p> <p>5:15-6:15p Open FS__</p>	<p>6-7a Open FS__ 7:15-8:15a H FS__ 8:30-9a MIF/Dance__ 9-10a Open FS__ 10:15-11:15a Open FS__ 10:15-11:15a Pilates*__</p> <p>4:00-5:00p Open FS__ 5:15-6:15p Open FS__</p>	<p>11:15-12:15 Open FS__</p>	<p>3:30-4:30p Open FS__ 4:45-5:45p Open FS__</p>
<u>July 12th</u>	<u>July 13th</u>	<u>July 14th</u>	<u>July 15th</u>	<u>July 16th</u>	<u>July 17th</u>	<u>July 18th</u>
<p>6-7a Open FS__ 7:15-8:15a H FS__ 7:15-8:15a Yoga*__ 8:20-8:50a Yoga*__ 8:30-9:00am MIF/Dance__ 9-10a Open FS__ 10:15-11:15am Open FS__ 10:15-11:15a Conditioning*__ 11:30-12:30 Cycle*__</p> <p>3:00-4:00p Pilates/Yoga*__ 4:15-5:15p Conditioning*__ 4:15-5:15p M/H FS__ 5:30-6:00p MIF/Dance__ 6-7p Open FS__ 7-7:45p Power & Edges class__</p>	<p>6-7a Open FS__ 7:15-7:45a MIF/Dance__ 7:45-8:45a Open FS__ 9-10a Ballet*__ 10:15-11:15a Artistry&Movement*__</p> <p>4:15-5:15p Open FS__ 5:15-6:15p Open FS__</p>	<p>6-7a Pilates/Yoga*__ 6-7a Open FS__ 7:15-8:15a Pilates/Yoga*__ 7:15-8:15a H FS__ 8:20-8:50a Pilates/Yoga*__ 8:30-9:00am MIF/Dance__ 9-10a Open FS__ 10:15-11:15a Cycle*__ 10:15-11:15am Open FS__ 11:30-12:30 Conditioning*__ 3-4p Ballet*__ 4:15-5:15p M/H FS__ 4:15-5:15p Ballet*__ 5:30-6:30p Open FS__ 6:45-7:45p Open FS__</p>	<p>6-7a Open FS__ 7:15-7:45a MIF/Dance__ 7:45-8:45a Open FS__ 9-10a M/H FS__ 10:15-11:15a Ballet*__ 11:30-12:30 Conditioning*__</p> <p>4-5p Open FS__ 5:15-6:15p Open FS__</p>	<p>6-7a Open FS__ 7:15-8:15a H FS__ 8:30-9a MIF/Dance__ 9-10a Open FS__ 10:15-11:15a Open FS__ 10:15-11:15a Pilates*__</p> <p>4:00-5:00p Open FS__ 5:15-6:15p Open FS__</p>	<p>11:15-12:15 Open FS__</p>	<p>3:30-4:30p Open FS__ 4:45-5:45p Open FS__</p>

CHECK/HIGHLIGHT sessions/classes you wish to contract. Must be received no later than June 29th, 2010. Buy-ons will be accepted space permitting.
 Send with payment to PNIC attn. Summer Figure Skating, 500 S. 84th Street, Milwaukee, WI 53214

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